

Play & Learn for 0-5 year olds and parents/carers - every Wednesday 9.45-11.15.



Play & Learn

Play and learn is run by Debbie from East Dorset Children's Centre every Wednesday morning.

It is a great opportunity for children to learn whilst they are playing. This is achieved by providing a stimulating and challenging environment to develop their learning skills. There are always activities provided that cover each area of learning and children can move around the room freely. We aim to provide simple activities and ideas that can be replicated in the home environment, for example making homemade play dough and treasure baskets.

During the morning we provide a healthy snack for the children and also ensure there is water available at all times. Hot drinks are available for the adults during the morning.

We promote healthy lifestyles by providing any relevant leaflets/posters regarding eating and living healthy.

It is also an environment where we support and encourage positive interactions between adults and children, and offer any personal support if needed.

So if you are a parent or carer of a child who is under 5 years old, come along and join in the fun!

Contact - 01202 840790

Email - EastDorset.CC@actionforchildren.org.uk

See our website for more info -

<http://www.eastdorset.childrencentres.org/>